

Vishnu Gayatri (Narayana Gayatri)

About these texts

Sources

Each text is printed with its source, tradition and version. Wording may differ slightly in other traditions and editions.

Transliteration

The Roman line is IAST transliteration derived from the Devanagari (ā = long a, ṁ = anusvara, ḥ = visarga, ś/ṣ = sh sounds, c = ch as in "church"). In Hindi, Awadhi and Braj texts the silent final "a" is dropped. Transliteration does not show Vedic accents.

Vishnu Gayatri (Narayana Gayatri)

Type	Gayatri mantra
Deity	Vishnu
Version	Common version
Tradition	Vedic
Source	Mahanarayana Upanishad (Taittiriya Aranyaka, tenth prapathaka) — Mahanarayana Upanishad (Taittiriya Aranyaka 10), the Gayatris of the deities
Credits	Upanishadic; public domain.

ॐ नारायणाय विद्महे वासुदेवाय धीमहि ।

om nārāyaṇāya vidmahe vāsudevāya dhīmahi |

तन्नो विष्णुः प्रचोदयात् ॥

tanno viṣṇuḥ pracodayāt ||

Meaning

May we know Narayana; may we meditate on Vasudeva; may Vishnu inspire and guide us.

About this document

The texts in this document are traditional devotional texts in the public domain or written in-house, printed with their recorded source and version.

Meanings are short explanations in our own words, not scholarly translations. Benefits mentioned in a text's own verses are part of the text and are not guarantees.

Some practices are traditionally followed with a teacher's guidance. Follow the guidance of your own tradition.